

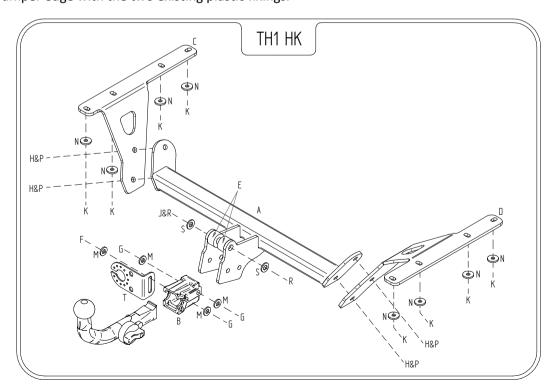
## **Tow-Trust Towbars**

Important: Please read General Notes overleaf before fitting

## Issue 4

TH1HK Honda CR - V (No Spare Wheel on Rear Door) 2007>						
Item	Qty	Description	Item	Qty	Description	
Α	1	Crossmember	F	1	M12 x 25 Bolt & S/P Washer	
В	1	<b>Detachable Housing</b>	G	3	M12 x 22 Bolts & S/P Washers	
C	1	L/H Side Arm	Н	4	M12 x 35 Bolts, 2 Nuts & 4 S/P Washers	
D	1	R/H Side Arm	J	1	M16 x 100 Bolt, Nut & S/P Washer	
E	2	40 O/D x 23 Spacers	K	8	M10 x 40 x 1.25 Bolts & S/P Washers	
			M	4	12 x 25 Flat Washers	
			N	8	10 x 30 Flat Washers	
			P	6	M12 Bolt Caps	
			R	2	M16 Bolt Caps	
			S	2	M16 x 27 Flat Washers	
			Т	1	Socket Plate	

- 1. Remove plastic under tray. Five fixings along lower edge, one fixing in left hand wheel arch and three fixings recessed centrally. (Under tray is not refitted with the Towbar).
- **2.** Lower the exhaust. (Support to prevent damage.)
- **3.** Using Item **K** with Item **N** loosely bolt Item **C** and Item **D** to the existing captive nuts in the lower face of each chassis member.
- 4. Using Item H loosely bolt Item A to Item C and Item D.
- 5. Locate Item E around the central towing eye and using Item J with Item S bolt into place.
- 6. Using Item G with Item M and Item F with Item M bolt Item B and Item T to Item A.
- 7. Fully tighten all nuts and bolts and ensure the Towbar is rigid and secure (NOTE: we advise you start with bolt J).
- 8. Refit exhaust.
- 9. Replace bumper edge with the two existing plastic fixings.



## Note:

- 1. Recommended Torque Setting for M12 Grade 10.9 -139 Nm. (For other Torque Settings see notes overleaf.)
- 2. Nose load limits and vehicle manufacturers trailer / caravan weight limits must be observed.